



7mm Remington BR

.284"	7mm
Weight (grains)	TNT@ HP
Ballistic Coefficient	110
Sectional Density	0.384
COAL Tested	0.195
Speer Part No.	2.225"
	1616

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Hodgdon BL-C(2)	Remington	CCI 400	32.5	2521	34.5 C	2682
Hodgdon H335	Remington	CCI 400	30.5	2346	32.5	2518
IMR 4320	Remington	CCI 400	31.0	2315	33.0 C	2456
Winchester 748	Remington	CCI 450	32.5	2294	34.5 C	2416
Alliant Reloder 7	Remington	CCI 400	24.4	2234	26.4	2411
IMR 4895	Remington	CCI 400	31.0	2212	33.0 C	2407
IMR 4064	Remington	CCI 400	30.5	2210	32.5 C	2387

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load