



22-250 Remington

.224"	22
	Semi-Spitzer SP
Weight (grains)	70
Ballistic Coefficient	0.219
Sectional Density	0.199
COAL Tested	2.330"
Speer Part No.	1053

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant Reloder 16	Federal	Federal 210	33.1	3109	36.6 C	3368
Alliant Reloder 17	Federal	Federal 210	33.2	3075	36.8	3364
Hodgdon H414	Remington	CCI 250	35.0	2888	39.0	3300
Alliant Reloder 15	Federal	Federal 210	30.2	3043	33.4	3294
Alliant Power Pro 2000-MR	Federal	Federal 210	30.3	2970	33.6	3262
Hodgdon CFE 223	Federal	Federal 210	29.0	2937	32.2	3221
Alliant Power Pro Varmint	Federal	Federal 210	28.1	2961	31.1	3216
Alliant AR-Comp	Federal	Federal 210	27.8	3009	30.5	3205
IMR 4320	Remington	CCI 200	31.0	2701	35.0	3158
IMR 4831	Remington	CCI 200	35.0	2727	39.0	3135
IMR 4350	Remington	CCI 200	34.0	2751	38.0 C	3126
Hodgdon H380	Remington	CCI 250	33.0	2651	37.0	3083
IMR 4064	Remington	CCI 200	29.5	2725	33.5	3079
Vihtavuori N140	Remington	CCI 200	29.0	2666	33.0	3064
IMR 4895	Remington	CCI 200	28.0	2671	32.0	3052
IMR 3031	Remington	CCI 200	28.0	2611	32.0	3018
Winchester 748	Remington	CCI 250	29.5	2665	33.5	3011
Accurate 2460	Remington	CCI 250	27.0	2623	31.0	2964
Hodgdon H335	Remington	CCI 250	27.0	2486	31.0	2908
Accurate 2520	Remington	CCI 250	26.0	2441	30.0	2838
Alliant Reloder 7	Remington	CCI 200	21.0	2381	25.0	2753
IMR SR 4759 (reduced load)	Remington	CCI 200	13.0	1711	15.0	1939

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load