



223 Remington

0.224"	22 GD
Weight (grains)	55
Ballistic Coefficient	0.250
Sectional Density	0.148
COAL Tested	2.230"
Speer Part No.	22455GDB

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant Power Pro 2000-MR	Federal	Federal 205	26.1	3134	29.0 C	3392
Hodgdon CFE 223	Federal	Federal 205	24.7	3069	27.2	3328
Ramshot X-Terminator	Federal	Federal 205	22.5	2992	24.9	3262
Hodgdon Varget	Federal	Federal 205	24.0	2994	26.5 C	3259
Alliant Power Pro Varmint	Federal	Federal 205	22.6	2977	25.1	3259
IMR 8208 XBR	Federal	Federal 205	22.3	2964	24.8	3259
Alliant Reloder 15	Federal	Federal 205	23.7	2989	26.3 C	3242
Alliant AR-Comp	Federal	Federal 205	21.8	3000	24.2	3230
IMR 4895	Federal	Federal 205	23.3	2892	25.8 C	3224
Alliant Power Pro 1200-R	Federal	Federal 205	20.4	2935	22.6	3192
Alliant Reloder 10X	Federal	Federal 205	20.4	2909	22.6	3163
Hodgdon H335	Federal	Federal 205	21.3	2955	23.5	3160
Vihtavuori N135	Federal	Federal 205	20.8	2906	23.0	3143
Accurate LT-32	Federal	Federal 205	19.8	2942	20.9	3060

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load