



7.62x39mm

.310"	30
	GD
Weight (grains)	123
Ballistic Coefficient	0.321
Sectional Density	0.183
COAL Tested	2.150"
Speer Part No.	310123GDB

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Accurate 2200	Federal	Federal 210	29.7	2378	32.9 C	2585
Alliant Power Pro 1200-R	Federal	Federal 210	28.2	2303	31.3 C	2488
Accurate 1680	Federal	Federal 210	25.4	2224	28.2	2455
Hodgdon H335	Federal	Federal 210	31.0	2228	34.4 C	2451
Accurate LT-32	Federal	Federal 210	27.8	2238	30.8 C	2448
Alliant Reloder 10X	Federal	Federal 210	27.3	2257	30.1 C	2438
Alliant Reloder 7	Federal	Federal 210	25.8	2248	28.5 C	2435
IMR 4198	Federal	Federal 210	23.6	2197	26.2 C	2400
Vihtavuori N120	Federal	Federal 210	22.9	2226	25.3	2397
Accurate 2015	Federal	Federal 210	27.8	2186	30.8 C	2389
Hodgdon BENCHMARK	Federal	Federal 210	28.7	2156	31.9 C	2363

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load